



**COMMUNITY REPORT**  
By MELISSA NAZARETH  
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**I**T'S that time of the year when ambitious young minds prepare to embark on a new journey – applying to universities and sitting entrance tests. But alongside the excitement of newfound independence comes anxiety and mounting pressure.

This year, the strain has been particularly evident, given the uncertainty stemming from regional tensions and their impact on the mental well-being of students and their families. The emotional challenge of leaving home and stepping into the unknown can also feel overwhelming.

Multiple studies indicate that nearly 50 per cent pupils exhibit varying levels of anxiety and depression around college admissions.

According to the latest World Health Organisation mental health surveys, the 12-month prevalence of any mental disorder among college students is 20.3 per cent, reflecting the after-effects of this transition and underlining the need for timely support.

“University applications are inherently a stressful experience but when you look at everything children in the region recently went through – the instability they experienced – it is very unsettling,” Bahrain-based clinical psychologist Dr Anisha Abraham told *GulfWeekly*.

“Exams were cancelled with students eventually learning that their grades would be decided by other factors like their performance throughout the year,” she added.

The Iranian attacks which began on February 28 caused major disruptions, ranging from exam and event cancellations to expatriates travelling across the causeway to catch flights home, contributing to a broader sense of uncertainty among residents.

In response, Dr Anisha advised students to shift their focus away from factors beyond their control and adopt a more flexible and open outlook. She also emphasised the importance



**WELLBEING:** Nearly 50pc pupils exhibit varying levels of anxiety and depression around college admissions

# ADMISSION ANXIETY



**PSYCHOLOGIST: Dr Anne**

of communication with parents, as well as seeking support from counsellors or teachers when needed.

Bahrain-based psychologist Dr Anne-Laure Renard echoed the need for open communication. She recounted that talking to their son made the phase easier. “We sought help from an external agency, which made the process seamless,” she added, illustrating her



**EXPERT: Dr Anisha**

personal journey. Filipino expatriate and Britus International School alumna Reid Huliganga also turned to external assistance, noting that it helped her manage the pressure more effectively.

“I am currently waiting for my IB results, so to keep from panicking I’ve been watching shows, gaming and spending time with friends,” added the 17-year-old,

## Tips for students: : Tips for parents:

- Do not focus on what is not in your control.
- Be open and flexible.
- Keep your mind busy to combat the stress.
- Approach university as a time to explore who you are - it is not the end.
- Seek help from parents, teachers or student counsellors if needed.
- Communicate with your children at all times.
- Balance parenting and respecting your child’s autonomy - they are not children anymore!
- Seek help from external agencies if needed.
- Navigate the ‘empty nest’ together with your spouse.

highlighting the importance of recreation and social connections during stressful periods.

Managing admissions and academic expectations can be challenging not only for children but for parents as well.

Dr Renard advised couples to strengthen their partnership to

maintain balance, particularly as children prepare to leave for college. She also recommended giving young people the space to make their own decisions.

For her part, Dr Anisha cautioned parents to keep their own anxieties in check to avoid passing them on to their children.



**KEEP CALM & APPLY**  
New EdTech  
SEE PAGE 2



**ART OF BELONGING**  
Ex-residents in spotlight  
SEE PAGE 3



**LEISURE SCENE**  
Food, fun, etc.  
SEE PAGES 4-5



**PULSE OF POP**  
TV, music & more  
SEE PAGE 6

# Securing your child's future



UNIVERSITY LIFE: Choosing the right college can be a daunting task

**S**TUDENTS across the kingdom are in the throes of chaos, so to speak, as they complete admission forms, draft essays and apply to universities, all while awaiting their results and riding the emotional roller coaster of flying the nest.

Several online studies have indicated that varying levels of anxiety and depression are common during this phase. In fact, the pressure of managing admissions and academic expectations is felt not only by children but their parents too.

Bahrain-based experts advise greater synergy between parents and schools to simplify the process for all involved. Additionally, they recommend seeking help from external agencies if needed, with students attesting to the benefits of doing so and enjoying a more seamless application process.

One such platform is Canmore Place – an admissions technology platform designed to streamline the university and foundation pathway application process for students across the Gulf. Set to launch next month, it is founded by Rachel Gibson and developed as both a web platform and Progressive Web App – which means users can access it through their browser and add it directly to their phone home screen for an app-like experience on both Apple and Android devices.

The user-friendly interface and features are guided by Rachel's 20-year experience in international education across the GCC, the UK, Asia, Europe, and



EDUCATION REPORT  
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Latin America. She has worked with international educational institutions like London School of Economics (LSE), as well as local universities like British University of Bahrain and Vatel Bahrain.

Some of the roles she has played throughout her career include managing scholarship schemes, school outreach, communications and student recruitment.

"The platform is designed to simplify the journey between students, families, counsellors and educational institutions," the British expatriate told *GulfWeekly*.

"Everyone's in the loop about where applications are at any one time. So it allows students to search, compare

and apply to schools, universities and pathway providers through a more structured and transparent process. It also gives parents and counsellors better visibility throughout the whole journey," she added.

The platform is free for students to use and is sustained through placements into partner schools and universities, according to the creative entrepreneur.



EXPERT: Rachel

"Throughout my career, I have seen students and families facing the same challenges – multiple websites, multiple application forms,

repeated document uploads, different deadlines... they often lose track of where everything stands, and I felt there had to be a better way, which is why I created Canmore."

A Bahrain resident for 11 years, Rachel grew up in Oman and is familiar with

regional requirements and sensibilities. During this period, she moved to the UK where she worked at LSE and helped establish its partnership with the Bahrain Institute of Banking and Finance (BIBF) in 2013.

"Bahrain was very different back then, and that's actually what drew me here, I saw the students and how committed Bahrain was to education," added the Dilmunia resident.

The platform is currently undergoing final testing and on boarding schools and universities across the GCC.

Elaborating on the interface, Rachel noted how the web app allows students to tag parents or school counsellors, ensuring they work as a team.

"Canmore Place tracks every step of the application process so you can log into your dashboard at any time and see exactly where each application is. Let us say you have applied to five universities and you are missing your high school transcript. Your guidance counsellor has that document, so she will just be able to upload it for you.

"We also have a 'buddy

scheme', which allows students to see where peers from their school are going to. This gives parents a bit of reassurance, particularly when students are going abroad, as we work with UK foundation providers as well," she added.

Rachel said the ultimate goal of the platform is to help students make more informed

decisions about their future. "Education is about people, not paperwork, and if Canmore Place can reduce some of that administrative burden then that in itself will create more opportunity for meaningful conversations between students, families and counsellors – that is where the real value lies," she said.

## BRAIN-BUSTERS

**Q**uizmaster and Radio Bahrain host Shannon Crockett, who has been entertaining people across the island with his brain-teasing quiz night sessions, has offered to put *GulfWeekly* readers' general knowledge to the test. Join in the fun every Thursday with Shannon's seven brain-busters.

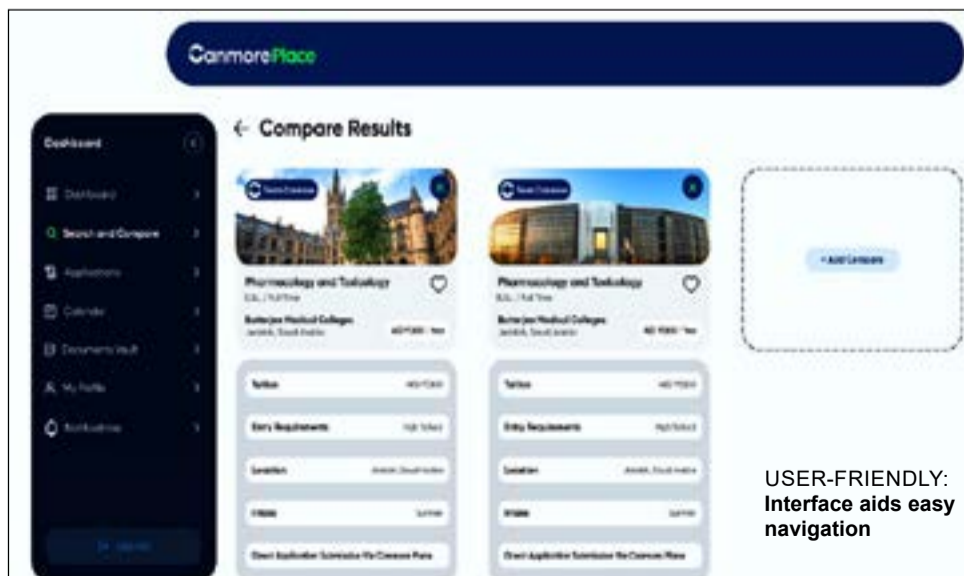


- 1) In which year did Apple Inc release their first model of the iPod?
- 2) Appearing on the show in 1982, who was the youngest person to ever host *Saturday Night Live*?
- 3) The duration of a game of polo is measured in what?
- 4) The bald eagle is the national bird of the US. What is the national mammal?
- 5) For years, Cuba has been the world's second largest exporter, after Russia, of which metal used in many commercial

- 6) McLaren's team colours are retro blue and what fruit colour?
- 7) Which type of wooden boat, a cultural symbol of the Indian region of Kashmir, has a name which is an anagram of the name of a Colombian singer?

1. 2001
2. Drew Barrymore
3. Chakkas
4. Bison
5. Nickel
6. Papaya orange
7. Shikara (Shakira)

## ANSWERS



USER-FRIENDLY: Interface aids easy navigation

# Painting personal narratives

**ART REPORT**  
By NAMAN ARORA  
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**THREE** former Bahrain residents are set to showcase their artistic talents at an upcoming art exhibition in the US, starting next Monday, June 8.

*The Art of Belonging: Narrative of Filipinos in America* will be held at the Philippines Consulate in San Francisco and will include the works of former residents Catherine Paje, Butch Paje and Father Peter Ronald Eugenio.

“This exhibition aims to celebrate the experiences, identities, and cultural journeys of Filipino and Filipino-American artists by highlighting stories of belonging, resilience, and cultural heritage,” Catherine, 54, who lives in Nevada, told *GulfWeekly*.

Catherine, the lead organiser for the exhibition, lived in Bahrain for 15 years, working as a teacher from 2008 to 2023.

Her piece *Shared Vision*, done with acrylic on canvas, was created in honour of the 80th anniversary of Philippines-US diplomatic relations.



COMPASSION: *Caring Hands* by Father Peter

“The works are layered with symbolism that represents unity and identity,” Catherine explained.

“My artistic practice was profoundly shaped during my 15 years of teaching art and exhibiting my works in Bahrain.

“Bahrain became an important part of my creative and professional journey.

“This wonderful country provided me with a nurturing environment where I was able to refine my artistic voice and expand my perspective as both an artist and educator.

“It also opened opportunities for me to mentor and inspire emerging artists from diverse cultural backgrounds.

“Now that I am in the US, these experiences strengthened my commitment to using art as a bridge between communities and as a platform for storytelling, cultural preservation, and creative expression.”

Meanwhile, Butch, who worked in Bahrain from 2004 to 2024, was inspired by national heroes of the



REFORM FIGURES: *La Solidaridad* by Butch



ARTIST: Butch



TALENT: Father Peter

Philippines, including Jose Rizal, Marcelo del Pilar, and Mariano Ponce, key figures in the country’s reform movement.

His two sketches, done with a ballpoint pen on paper, explore the intensity of their ideals and their enduring impact.



SCRIBBLE ART: *Rizal Beyond The Walls* by Butch



PRIDE: Another piece by Catherine



CREATIVE: Catherine

“Through my creative process, I combined personal reflection, historical admiration, and my experiences as a Filipino living and working in Bahrain,” the 59-year-old former showroom designer who also lives in Nevada, added.

“During my 20 years in Bahrain, my art evolved into a stronger expression of nationalism, identity, and cultural pride – transforming my works not only into visual art, but also into a tribute to resilience, sacrifice, and the enduring spirit of being Filipino wherever I may be.”

Father Peter, who lived in Bahrain from 2014 to 2021, has showcased some of his photographs depicting the caring nature of Filipino caregivers, as shown through



RELATIONS: *Shared Visions* by Catherine

their hands.

Reflecting the ‘deep values of empathy, sacrifice, and service that Filipinos bring to communities around the world’, the clasped hands symbolise comfort, dignity and human connection.

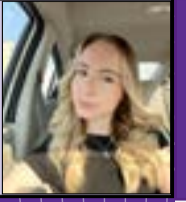
“Many Filipinos in the US work in the medical field as nurses, caregivers, and healthcare professionals,” the 65-year-old, who lives in Burlingame, added.

“Inspired by their compassion, dedication, and healing touch, I developed the concept of ‘Filipinos’ Caring Hands, Healing Touch,’ which became the foundation of my work.”

The exhibition runs until June 19.

# Leisure Scene

What's on guide by  
Julia Cassano



## FAMILY FUN AT THE RITZ-CARLTON

**A** FUN time with loved ones across varied dining experiences awaits at the Ritz-Carlton, Bahrain.

Adding a burst of colour and flavour to the weekend is Cantina Kahlo's Brunch Fiesta, where guests can enjoy a family-style set menu. Featuring authentic dishes made with fresh ingredients and rich traditional flavours, the brunch is priced at BD35 inclusive of soft beverages and BD45 with selected beverages. It takes place tomorrow and Saturday from 1pm to 4pm.

Football fans can immerse themselves in the excitement of the season at La Med's Football Fanzone, where every match is brought to life in a lively and social setting.

Guests can gather with fellow supporters to watch live screenings across

multiple screens while enjoying a selection of light bites and classic American breakfast favourites. For a more exclusive experience, private match viewings are available at La Table Krug for groups of 10 guests or more.

Available from June 11 and scheduled according to match timings, the experience is offered à la carte.

For a taste of authentic Indian cuisine, Nirvana invites guests to enjoy its traditional thali, featuring a carefully curated selection of expertly prepared dishes on a platter. Complemented by a refreshing glass of lassi, the dining experience is priced at BD24 per person and is available on Sundays, Tuesdays and Wednesdays from noon to 3pm and again from 7pm to 11pm.

For those seeking an elegant afternoon indulgence, the Ritz Gourmet Lounge presents its renowned afternoon tea experience. Guests can enjoy



DESI: Thali featuring diverse flavours at Nirvana

premium teas alongside freshly baked scones, delicate finger sandwiches, exquisite pastries and classic French treats. Priced at BD34 per set, it is available daily from 3pm to 7pm.

The lounge also offers a massive 1kg croissant, perfect for sharing among

six to eight people. Served with two hot beverages and a selection of spreads, the experience is priced at BD35 and available daily from 8am to 10pm, with orders required 24 hours in advance.

On Tuesdays, the restaurant turns up the fun with Taco Tuesdays - a taco extravaganza

offering a variety of flavour-packed options. The experience is priced at BD25 per person inclusive of two selected beverages, from 7pm to 10pm.

For more information or bookings, contact 17580000 or email [rc.bahrz.restaurant.reservations@ritzcarlton.com](mailto:rc.bahrz.restaurant.reservations@ritzcarlton.com).

FIESTA: Enjoy the Weekend Brunch at Cantina Kahlo



**E**NJOY some of the English language films being screened at Cineco Seef this weekend.

### SOLO MIO (PG-13)

A wedding disaster leaves the groom stranded in Rome, heartbroken in the world's happiest city. But with one determined local - and a few meddling vacation couples - in his corner, his ruined honeymoon becomes an adventure he never expected.

**Actors:** Kevin James, Jonathan Roumie, Kim Coates

**Timings:** 11.15am, 3.15pm, 7.15pm, 11.15pm

### BACKROOMS (15+)

After a therapist's patient disappears into a dimension beyond reality, she must venture into the unknown to save him.



**Actors:** Chiwetel Ejiofor, Renate Reinsve, Mark Duplass

**Timings:** noon, 2.15pm, 4.30pm, 6.45pm, 9pm, 11.15pm, 1.30am

### CHUM (18+)

A newlywed couple joins friends on a Mediterranean yacht excursion, only to find themselves caught between a predatory shark and a psychopathic killer in their midst, transforming a sun-drenched escape into a fight for survival.

**Actors:** Alice Eve, Jim Klock

**Timings:** 1.15pm, 5.15pm, 9.15pm, 1.15pm

## STARTING THE DAY RIGHT

**H**EAD to Hilton Bahrain this weekend and indulge in an exciting lineup of dining and entertainment experiences.

At Origin Kitchen and Culture, guests can enjoy everything from timeless classics to fresh seasonal favourites. Start the day off with a lavish breakfast buffet, available daily from 6.30am to 10.30am. For those who prefer a slower start to the weekend, the Late Riser Breakfast is served every Saturday from 6.30am to 11.30am for BD13net.



TREASURES: Seafood delights at the hotel

Seafood enthusiasts can savour an impressive selection of fresh catches tonight from 7pm to 10pm for BD30net, including soft beverages.

Midweek brings an Asian-inspired dining experience every Wednesday from 7pm to 10pm, complemented by karaoke and live entertainment. Guests can take the stage during the open mic session from 8pm to 10pm. The experience is priced at BD26net, including soft beverages.

Meanwhile, located on the 44th floor, CLAW BBQ Bahrain offers much more

SCRUMPTIOUS: Spread with fresh seasonal favourites



than a meal. Combining great food, games and lively entertainment, it provides a vibrant social atmosphere with stunning panoramic views of the kingdom's skyline.

The venue is open Sunday to Wednesday from 4pm to 2am and Thursday to Saturday from noon until 3am. Guests can also enjoy Happy Hour, Saturday to Thursday, until 8pm, with selected beverages starting from BD2.

On Fridays, the venue hosts its popular brunch from 12.30pm to 4pm, followed by an after-party from 4pm to 6pm. Packages start from BD24net.

Ladies can make the most of Monday nights with four complimentary drinks from 8pm to 11pm, alongside a sharing platter for BD15. Ladies can also receive 30 per cent off full-priced food and beverages.

Taco Tuesday offers unlimited tacos and selected beverages from 6pm to midnight for BD16net, with the option to upgrade to unlimited selected beverages for an additional BD3.500.

On Wednesdays, guests can enjoy two hours of unlimited selected beverages from 7pm to 9pm for BD12.500net.

For more information or bookings, contact 33692013.

# Leisure Scene

Weekly Entertainment



## THE ART OF GRILLING

**E**XPERIENCE an exceptional lineup of culinary delights at Four Seasons Hotel Bahrain Bay this season, where world-class dining, refined flavours and memorable experiences come together.

Fridays are made for indulgence with the hotel's popular Barbecue Brunch, where the art of grilling takes centre stage in a relaxed and vibrant setting. Guests can savour smoky aromas and sizzling favourites, including the local catch of the day featuring seabream, kingfish and prawns, while enjoying live entertainment throughout the afternoon.

The experience concludes on a sweet note with an impressive dessert buffet curated by executive pastry chef Imad Boukly. Available every Friday in June from 1pm to 4pm, the brunch is priced at BD35net, inclusive of soft beverages, or BD48net with a selected beverage package.

For a more leisurely



SUCCULENT: Cuts to relish at the Barbecue Brunch

afternoon, Bay View Lounge invites guests to discover its Botanical Afternoon Tea, a nature-inspired experience celebrating the season through delicate flavours, vibrant colours and elegant presentation

Available until September 30 from noon to 9pm, the event is priced at BD24net, inclusive of one tea, or BD28net, inclusive of two teas or two mocktails.

At Byblos, the flavours of Lebanon come alive by the water under the expertise of Chef Tony El Khoury. Guests can enjoy a generous selection of hot and cold mezze before sharing a flavourful mixed grill, with every dish rooted in Lebanese tradition and

crafted with authenticity.

To end the meal, a golden baked cheese kunafa is served fresh from the oven alongside ice cream, creating the perfect balance of warm and cold flavours. Byblos is open from Tuesday to Sunday, from 5pm until midnight, with an à la carte menu.

The hotel will also mark Global Wellness Day with a dedicated celebration focused on wellbeing, mindfulness and meaningful connection. Taking place on June 13, the event features a daytime programme from noon to 3.30pm and an evening session from 7pm to 9pm.

Advance booking is required.

For more information or bookings, contact 17115500.

## GLOBAL GASTRONOMICAL DELIGHTS

**I**NTERCONTINENTAL Bahrain is marking its 80th anniversary with an extraordinary culinary celebration, featuring 80 dishes inspired by eight iconic destinations around the world.

Brought alive through eight interactive live cooking stations, each zone showcases authentic flavours, traditional recipes and premium specialities, offering a unique dining experience that celebrates the rich history of the hotel.

The renowned Los Hidalgos Band will add to the festive atmosphere with live entertainment all afternoon.

The celebration takes place on June 26 at the Regency Tent and is priced at BD26net with soft beverages or BD33net with unlimited selected beverages. Children under six dine free, while children aged six to 12 receive 50 per cent off. Early bird offers are available.

Meanwhile, Legendz SteakHouse invites guests to experience a brunch



BITES: Treats to savour during the Mango Afternoon Tea

where indulgence meets entertainment.

It is available on the first three Fridays of the month from noon to 4pm and is priced at BD28net with soft beverages or BD38net with unlimited selected beverages. Children under six dine free, while those aged six to 12 receive 50pc off.

For Father's Day, Medzo is offering a memorable family dining experience



DELICIOUS: Dishes to enjoy at the hotel

with a specially curated three-course menu. Guests can enjoy a selection of hearty starters, comforting pastas and signature pizzas, while fathers dine complimentary with a minimum of two paying accompanying guests, whether adults or children.

Available from June 21 to 27, between noon and 10pm, the promotion is priced at BD9,900net per guest, while children under

six dine free.

At Elements Pool and Lounge, guests can embrace the glamour of the Epic White Party, an elegant evening where sophistication and celebration come together.

Two packages are available: BD25net for gourmet bites and four selected beverage vouchers, or BD20net for bites and soft beverages. The event takes place tomorrow and again on June 26, starting from 6pm.

For a more relaxed afternoon experience, Noor Lounge presents its seasonal Mango Afternoon Tea. Guests can savour five tiers of sweet and savoury creations inspired by premium Alphonso mangoes.

Available Thursday to Saturday from 1pm to 5pm, the Mango Afternoon Tea is priced at BD8net per person.

For more information or bookings, contact 17227777 or 36967701.



BOTANICAL: A nature-inspired afternoon tea experience

# Pulse of Pop

AROUND THE WORLD IN MUSIC, TV, BOOKS AND MORE - BY RIMA ALHADDAD



MYSTERY: Amy brings alive Anna in the series

## MAPS OF IRELAND

**H**ISTORICAL fiction novel *Land* by Maggie O'Farrell has hit the shelves.

Set in Ireland in the years before and after The Great Hunger, the story follows Tomás and his reluctant son, Liam, as they are working for the great Ordnance Survey project to map the whole of Ireland, with Tomás determined that his maps will be a record of the disaster.

However, Tomás' work and life are suddenly upended by an unsettling encounter in a grove of trees, shifting the narrative into a survival and coming-of-age story, forcing young Liam to find a way to complete the map and safely get them both home.

In an interview, Maggie stated that the novel is based on the few things she knows about her great-great-grandfather, who worked for the British Ordnance Survey on the second revision of the maps of Ireland just after the Great Famine.

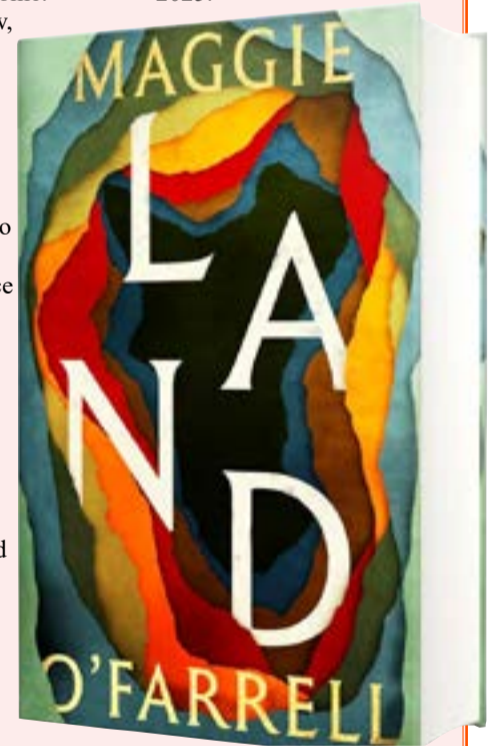
"It always struck me as a very strange and charred task," she said.

"I can't imagine what it would've been like for him

who lived through that huge cataclysm in Ireland and then to be part of the teams who were making sure that all the terrible changes that had wrought by physical and human geography, all those changes were set down in the map.

"I've been trying to track him down as much as I possibly could. It was tricky, though, because if you were Irish and worked for the Ordnance Survey in the mid-century you weren't allowed to sign your own work," she added.

The Irish novelist is best known for her 2020 novel *Hamnet*, which was adapted into a critically acclaimed namesake film, released in 2025.



## A STORY OF REVENGE

**T**HE first two episodes of psychological thriller series *Cape Fear* are out tomorrow on Apple TV, with one weekly release scheduled to continue until July 31.

Produced by renowned filmmakers Martin Scorsese and Steven Spielberg, the show follows ex-convict Max Cady (Javier Bardem), who is released from prison and set to take revenge on married attorneys Tom and Anna Bowden (Patrick Wilson and Amy Adams), who put him behind bars.

The series is based on the 1957 novel *The Executioners* by John D MacDonald and its film adaptations in 1962 and 1991.

In an interview, Javier explained how his character is going to be portrayed in the show, as opposed to the films.

"We were aiming to create more of a specific back story around Max Cady where we understand where he's coming from and what he has lost," he said.

"We can relate to his pain because otherwise he will be just a figure of disruption. It should be more than that. He should be someone that we are not able to frame, even though we know who he is. He becomes the person that we are expecting him to be but it's going to come through a personal, emotional journey that we may care for. Hopefully," he added.

While the production takes inspiration from the nearly 70-year-old novel, it also features all 'modern-day anxiety sources' such as AI fakes and social media catfishing, making the story relatable to new audiences.

"For a while in this story, there is uncertainty about the nature of the threat and we kind of go back and forth. That reflects the atmosphere in which we live," showrunner Nick Antosca, who is a long-time fan of the previous adaptations, explained.

"It's sort of like, what is true? What can I believe? I may feel threatened but am I justified in feeling that way? In various forms, we find ourselves asking questions like that a lot now."



COSY: The album cover

## COMPOSING A LOVE ANTHEM

**I**RISH singer and songwriter Niall Horan drops his new album *Dinner Party* tomorrow.

Best known as a member of the boy band One Direction, the new solo release is set to be his fourth overall and second in a row to tackle the theme of love and romance after *The Show* (2023).

In an interview, Niall explained that he wrote the title track after meeting his long-time girlfriend for the first time at a dinner party, and recalled how he felt the night before.

"I was very single. The way I would look at it is, a lot of my life is based around my

job," he said.

"Those gaps that I would have in between jobs were just being at home doing nothing, chilling out, and counting down the days until I go back out on the road and do it all again. I was free-spirited and not particularly looking for anything or anyone. And then however the world works, the opposite happened," he added.

He also revealed that the album's closer *The End of an Era* was re-written along with songwriters John Ryan and Julian Bunetta, following the passing of his former bandmate Liam

Payne. Initially meant to be a nostalgic reflection on the passing of time, he now considers the song a tribute and celebration of his life and their friendship.

"John and Julian lived next door to Liam for a long time and we all grew up together. For the three of us, it was actually quite a crazy experience to have to write a song like that because you don't ever expect to, but something that we all felt like we had to do for ourselves, for anyone who's lost anyone, for the fans, for anyone that knew Liam. It felt like the right thing to do," he explained.



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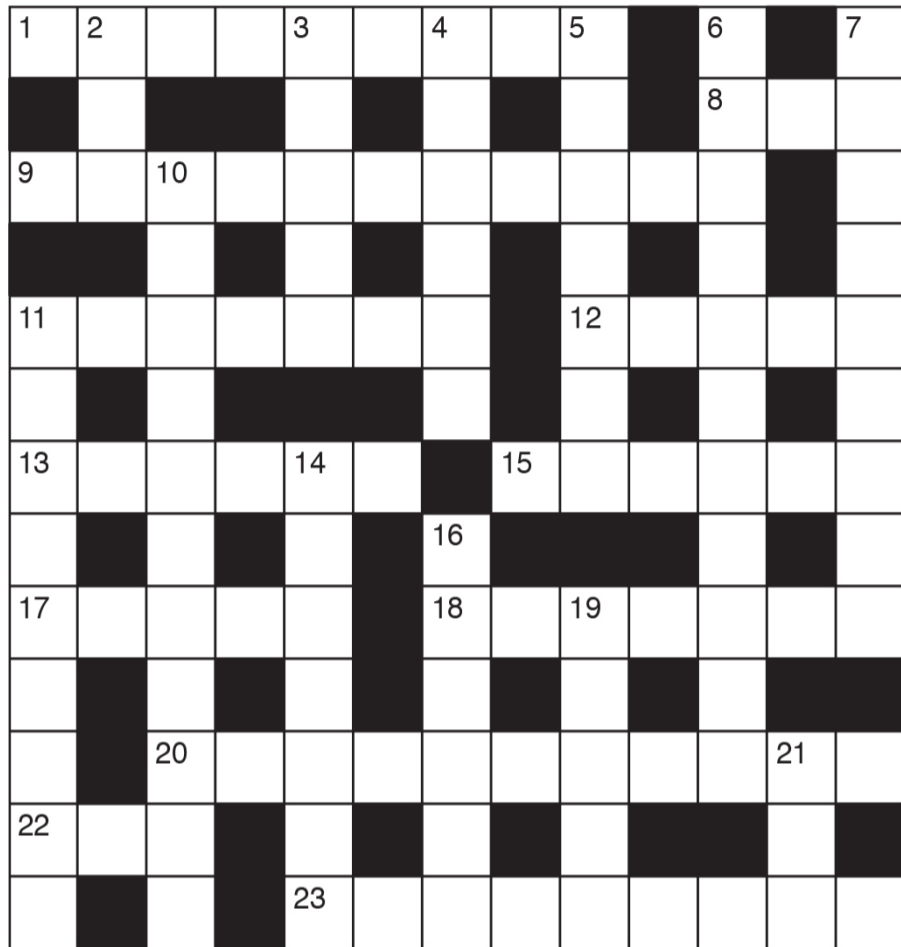
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# Time Out



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## crossword break



Solutions in next week's issue.

### ACROSS

1. Joy (9)
8. Regret (3)
9. As an example (3,8)
11. Withhold (7)
12. Upright (5)
13. Jewel case (6)
15. Lower (6)
17. Previous (5)
18. Deadlock (7)
20. Change direction (5,6)
22. Entrap (3)
23. Minister (9)

### DOWN

2. Fuss (3)
3. Internal (5)
4. Regard (6)
5. Genuine (7)
6. Ancestor (11)
7. Remorse (9)
10. Revive (11)
11. One who receives (9)
14. Rambling (7)
16. Savage (6)
19. Tine (5)
21. Ocean (3)

### who, what, where, when

- WHO ... is the victim in the US boardgame *Clue*?
- WHAT ... is the best known legacy of the graphic designer Harry Beck?
- WHERE ... in London was Queen Elizabeth II born?
- WHEN ... was Paul Jewell appointed manager of the English league's Wigan Athletic FC?
- WHO ... wrote the novel *Gulliver's Travels*?
- WHAT ... name did the trio Scott Engel, Gary Leeds and John Maus record under?
- WHERE ... in Asia is the city of Pakxe?
- WHEN ... was Cherie Blair born?

### just so

CAI●TTA

APPLE X

JOURNEY

DAWN

## darn tough sudoku

So you think you're good enough at Sudoku to crack this baby? Remember, we were the first in the Gulf to bring you this bit of Japanese mayhem...so we don't kid around

### Last week's sudoku

9	7	5	6	2	1	3	8	4
2	1	8	5	3	4	7	9	6
3	6	4	9	7	8	2	1	5
6	4	9	1	5	3	8	7	2
1	5	2	4	8	7	6	3	9
7	8	3	2	6	9	4	5	1
4	3	6	8	9	5	1	2	7
8	9	1	7	4	2	5	6	3
5	2	7	3	1	6	9	4	8

2	9	6	1	8	7	4	5	3
4	7	1	6	3	5	9	8	2
5	3	8	9	2	4	6	7	1
7	2	4	8	5	1	3	9	6
6	1	3	4	7	9	8	2	5
9	8	5	3	6	2	7	1	4
1	4	7	2	9	3	5	6	8
8	5	2	7	4	6	1	3	9
3	6	9	5	1	8	2	4	7

### darn tough sudoku

7	6	2	3	9	8	1	4	5
8	3	1	5	7	4	9	2	6
9	5	4	1	2	6	3	8	7
4	1	8	2	5	9	6	7	3
3	7	9	4	6	1	2	5	8
6	2	5	8	3	7	4	1	9
2	8	7	9	1	3	5	6	4
1	4	3	6	8	5	7	9	2
5	9	6	7	4	2	8	3	1

Sudoku

			2		1		5	
2	4						9	6
6				8				7
	3	2	5			9		
		5	8					2
		6		9	2	4	7	
5				3				9
9	2						4	1
	1		9		5			

Sudoku

3					7			
			1	5			8	
	9	8					3	
	7			3	4			2
5		4		6			9	7
8			7	1				5
	2					3	1	
	1	3		4	2	5		
				7	1			9

### Last Week's Leisure Solutions

#### CROSSWORD BREAK:

Across: 7 Outset; 8 Mobile; 10 Confuse; 11 Knave; 12 Raid; 13 Group; 17 Climb; 18 Trip; 22 Heave; 23 Notable; 24 Ritual; 25 Divers.

Down: 1 Concern; 2 Stand-in; 3 Debut; 4 Lookout; 5 Vital; 6 Repel; 9 Detriment; 14 Illegal; 15 Problem; 16 Appease; 19 Charm; 20 Haste; 21 Staid.

#### JUST SO:

The birds and the bees, House of cards, Through thick and thin, Turn a blind eye  
**WHO, WHAT, WHERE, WHEN:** US President Gerald Ford; Newcastle Vipers; Manhattan; 1991; Lynne Reid Banks; Rocinante; Newark, New Jersey, US; 1981.

### Darn Tough Sudoku

			8		6		4	
	3						7	
4			8		1			3
		7	4		9	6		
			2	3		6	5	
9			6		8			4
	2						9	
		4		2		7		